

Department of Lifelong Learning
Master of Women Empowerment and Lifelong Learning – WELL

First Semester	Code- WEL-501
First Paper- Language and Communication	Credits- T-3, P-0= 3
Objective: To enable the students to analyze the element of language and establish the appropriate relationship among linguistic components	
Unit-1-	<ul style="list-style-type: none"> ➤ Introduction of Words ➤ antonyms ➤ synonyms ➤ one-word substitutes ➤ Idiom & Phrase
Unit-2-	<ul style="list-style-type: none"> ➤ Sentence Structure : ➤ Subject-Predicate ➤ Parts of Speech ➤ Types of Sentences
Unit-3-	<ul style="list-style-type: none"> ➤ Tense ➤ Grammar
Unit-4-	<ul style="list-style-type: none"> ➤ Writing ➤ Why Writing is necessary ➤ Types of Writing ➤ Letter Writing ➤ Application ➤ Tender ➤ Memo ➤ Other types - How to write Articles for News Papers/Women's Magazine. ➤ How to write Press Note ➤ How to write Information Note/Handbills for Awareness (IEC Material Development)
Unit-5-	<ul style="list-style-type: none"> ➤ Note Taking ➤ Note making ➤ Notes Writing ➤ Grammar
References Books-	<ol style="list-style-type: none"> 1. Rein & Martin English Grammar 2. English Conversation Practice, Grant Taylor Written Communication in English, Sara Freeman Better Communication in Writing, Dr. M.N.K. Bose

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First Semester	Code- WEL-503
Second Paper- Women Studies and Development	Credits- T- 4
Objective- To acquaint the students with importance of women studies for developing community and nation.	
Unit-1-	<ul style="list-style-type: none"> ➤ Women Studies: Concept, Need, Scope and Importance, Women Studies as an academic discipline ➤ Demographic profile of women in India- Sex ratio, infant mortality rate, maternal mortality rate ➤ Gender Concept- role and Structure ➤ Gender equality – Family and social gender Thinking, culture, religion, etc.
Unit-2-	<ul style="list-style-type: none"> ➤ Theories of Development- Empowerment- Alternative approaches –Women and Development (WID), Gender and Development (GAD) ➤ National, State and District level Policy and Programs ➤ Efforts for women Empowerment at different levels- A family, community, government, voluntary agencies and media. ➤ Rashtriya Mahila Ayog- Objectives and Functions.
Unit-3-	<ul style="list-style-type: none"> ➤ Women Development approaches in Indian Five year plans – Collectively and Group dynamics- Self help groups, Women and leadership, Panchayti Raj, Political Role and Participation ➤ NGO and Women Development- National and International Funding Agencies. Government Schemes for women- ICDS, DWCRA
Unit-4-	<ul style="list-style-type: none"> ➤ Women’s Education – Gender bias in enrolment, Curriculum content, Education of dropouts, Value education, Vocational education. ➤ Changing patterns in women’s Education- Committees and Commissions on education. ➤ Status of women Education in India- Barriers to women education ➤ Women in Higher Education
Unit-5-	<ul style="list-style-type: none"> ➤ National Committees and Commissions for Women ➤ Government Organizations for women, Department of women and child development. ➤ MP Government Schemes for women – Janani Suraksha yojana, Ladli Laxmi yojana and other planning for WE. ➤ Famous great powerful woman in India and their contribution for developing India
References Books-	<ol style="list-style-type: none"> 1. Women Education and Social Empowerment – Gautam Nagia- Cyber Tech., New Delhi 2. Women and Education-Nirmala Sharma- Alfa Publication, New Delhi 3. Women Who Owns you...? – S. Prasanna Sree, Sarup & Sons, New Delhi 4. Lora=rk lsukuh ysf[kdk,a& vk’kkjkuh Ogksjk] llkfgR; izdk’ku] fnYyh 5. dq:{ks= izdk’ku foHkkx] lwpuvkSj izlkj.k ea=ky;] Hkkjr ljdkj] ifV;kyk gkml]ubZfnYyh 6. ;kstuk izdk’ku foHkkx] lwpuvkSj izlkj.k ea=ky;] Hkkjr ljdkj] ifV;kyk gkml] ubZ fnYyh

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First Semester	Code- WEL-505
Third Paper- Basic Computer	Credits- T- 1, P-4 = 3
Objective- To acquaint the students with importance of women studies for developing community and nation.	
Unit-1-	<ul style="list-style-type: none"> ➤ Knowing computer: What is Computer ➤ Basic Applications of Computer ➤ Components of Computer System ➤ Concept of Hardware and Software ➤ Central Processing Unit (CPU) ➤ VDU, Keyboard and Mouse, Other input/output Devices ➤ Computer Memory, Concepts of Hardware and Software----- Connecting keyboard, mouse, monitor and printer to CPU and checking power supply.
Unit-2-	<ul style="list-style-type: none"> ➤ Viewing of File and Folders ➤ Creating and Renaming of files and folders ➤ Deleting files and folder ➤ Customize the Desktop and start menu ➤ Using control panel
Unit-3-	<ul style="list-style-type: none"> ➤ Accessing other Peripherals of Computer ➤ Create User and working ➤ Explore Windows Accessories ➤ MS Paint ➤ Word pad ➤ Note pad
Unit-4-	<ul style="list-style-type: none"> ➤ Insert Picture, Shapes, Clip art etc. ➤ Formatting in picture , Shapes, Clip art etc. ➤ Inserting Header and Footer ➤ Inserting Page No. and Editing
Unit-5-	<p>Understanding MS Word Processing (2010)</p> <ul style="list-style-type: none"> • Creating word document • Editing and Formatting of data • Page set –up • printing setting
References Books-	<ol style="list-style-type: none"> 1. Basic Computer Course made sample (Satish Jain) 2. Introduction to computers and information system (Sultan Chand & Sons) 3. Introduction to computer Application in Business (Vallabhan) 4. Computer Fundamental (Dorling Kindersly)

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First Semester	Code- WEL-507
Fourth Paper – Workshop- Self Defense	Credits- T- 0, P-6 = 3
Objective- At the completion of this workshop students will able to learn the skills and knowledge of self defense with spiritually and general skill.	
Unit-1-	<ul style="list-style-type: none"> ➤ Self-defense with spiritually and mind setting techniques. ➤ Physical fitness- Meridian Yoga, Introduction of Martial Arts ➤ Emotional Fitness ➤ Intellectual Fitness- Stress Management
Unit-2-	<ul style="list-style-type: none"> ➤ Warm-up and conditioning exercises, how to make a fist, how to kick, basic punching, basic blocks: high, middle, and low. Hand to hand combat ➤ Spiritual Fitness – Cosmic Healing
Unit-3-	<ul style="list-style-type: none"> ➤ Unarmed attacker self-defense techniques ➤ Mental Fitness- Self hypnosis for goal achievement
Unit-4-	<ul style="list-style-type: none"> ➤ Armed attacker self-defense techniques. ➤ Basic offensive techniques using various parts of the body (hands, feet, knees, etc.).
Unit-5-	<ul style="list-style-type: none"> • Self-defense techniques using articles like pen, keys, keychain, hairpins and heels and self-defense against multiple attackers
References Books-	According to Instructors, if needed.

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Elective courses- Discipline centric-

First Semester		Code- WEL-511
Fifth Paper – Interior Design and Decoration- I		Credits- T- 1, P-6 = 4
Objective- To impart basic knowledge about interior design and interior decoration		
Unit-1-	Principal of Home Decoration <ul style="list-style-type: none"> • Introduction • Line- vertical line, horizontal line ,inclined line ,pattern of line • Uses of line in design • Shape- point ,create line from point ,create shape from point, square ,rectangle, pentagons, hexagon, shapes use in design. 	
Unit-2-	<ul style="list-style-type: none"> ➤ Texture- types of texture , 2d and 3 d texture and building material texture ➤ Light- cove light , cornice light ,valance light ,hanging light. 	
Unit-3-	<ul style="list-style-type: none"> ➤ Proportion- Definition of proportion , and use in design. ➤ Balance- Definition and importance in design 	
Unit-4-	<ul style="list-style-type: none"> ➤ Emphasis- Definition and importance in interior design ➤ Harmony-Definition and importance in interior design 	
Unit-5-	<ul style="list-style-type: none"> ➤ Project based on Survey / Home Decoration / implementation 	
References Books-	<ol style="list-style-type: none"> 1.Colour rendering- Mo. Ahmed khasu 2. Building material -Malik and meo 3. Basic engineering drawing - V.K. Kumawat ,Maharashtra, India 4. Building joints - 	

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Elective courses- Discipline centric-

First Semester	WEL- 513
Six Paper- Apparel Designing- I	Credits- T-1, P-6= 4
Objective : To impart knowledge about:-Various construction techniques. Applying these techniques in garment construction	
Unit-1-	<ul style="list-style-type: none"> ➤ Making samples of:- Hand stitches i. Even, uneven, diagonal tacking. ii. Visible, invisible hemming iii. Back stitch iv. Blanket stitch
Unit-2-	<ul style="list-style-type: none"> ➤ Machine seams-i. Plain seam, ii. Run ‘n’ fell, iii. French seam iv. Counter seam ➤ Plackets- i. Two piece, ii. One piece, iii. Zip placket
Unit-3-	<ul style="list-style-type: none"> ➤ Making samples of:- A. Pockets i. Patch pocket ii. Cross pocket ➤ B. Sleeves-i. Plain, ii. Puff, iii. Petal, iv . Maggyy, v. Ruffl Collars- i. Peter pan, ii. Cape collar, iii. Sailor collar
Unit-4-	<ul style="list-style-type: none"> ➤ Collars- i. Peter pan, ii. Cape collar, iii. Sailor collar
Unit-5-	<ul style="list-style-type: none"> ➤ A KIDS WEAR- i. A-Line ii. Party wear ➤ PRODUCTION SHOP- i. Each student will design and stitch two garments for kids by taking orders.
References Books-	<ul style="list-style-type: none"> • Cutting and Draping Special Occasion Clothes: Designs For Eveningwear and Partywear (Paperback) by Dawn Cloake

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Elective Generic

First Semester	Code- WEL-521
Seventh Paper – Fancy Art And Fashion- I	Credits- T- 0, P-6 = 3
Objective- To impart basic knowledge about fancy art and fashion for enhancing student's creativity to use as entrepreneur.	
Unit-1-	Principal of Fancy Art and its uses in different ways- <ul style="list-style-type: none">➤ Introduction➤ Paper Art-➤ Envelops , Paper beg , Cards, Paper Quelling
Unit-2-	➤ Festival Special- Rakhi, Diya, Pooja Thali, Rangoli, Toran
Unit-3-	➤ Trousseau Packing-Gift Packing, Basket Packing, Tray Decoration, Flower Making , Choki work
Unit-4-	➤ Soft Toys, Clay art, Shipkar, Stain Glass and kundan work
Unit-5-	➤ Estimation of products ➤ Exhibition cum sale
References Books-	1. As per Instructors needed

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Second Semester		Code- WEL-502
First Paper- Positive Psychology		Credits- T-2, P-2= 3
Objective: To acquaints the students with importance of happiness for developing self, community and nation. Skills and ability Analyze positive psychology from a health perspective.		
Unit-1-	➤ <i>Introduction to Positive Psychology- Nature, assumptions and application of Positive Psychology</i>	
Unit-2-	➤ Positive Emotions & their Measurement - Joy, Interest, Serenity, Hope, Gratitude, Kindness, Surprise, Cheerfulness.	
Unit-3-	➤ Happiness and Well-being- Concept and measurement, benefits of happiness. Workplace happiness.	
Unit-4-	➤ Promoting Positive Relationships- Forgiveness, Positive Thinking and empathy- Nature and Characterise	
Unit-5-	➤ <i>Strengths and Virtues–Optimism, emotional intelligence</i>	
References Books-	<ol style="list-style-type: none"> 3. Baumgardner,S. & Crothers, M(2014): Positive Psychology, Edinburg Gate Harlow 4. Carr, A. (2008) : Positive Psychology: The Science of Happiness, New Delhi: Routledge 5. Diener, E., Oishi, S.& Lucas, R. E. (in press). Subjective well-being: The science of happiness and life satisfaction. In C. R. Snyder & S. J. Lopez (Eds.), <i>Handbook of positive psychology</i> (2nd edition). New York: Oxford University Press. 6. Lyubomirsky, S. (2008). <i>The how of happiness</i>. New York: Penguin Press. Review “The first how: positive emotion: pp. 257-266 7. Peterson, C. (2006). <i>A primer in positive psychology</i>. New York: Oxford University Press. 	

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Second Semester		Code- WEL-504
Second Paper- Lifelong Learning and Women Development		Credits- T-4
Objective- To enable students to understand the concept of lifelong learning and its activities use for women development		
Unit-1-	<ul style="list-style-type: none"> ➤ Life long Learning- Definition, Nature and scope of LLL, Importance of LLL/Education ➤ Relationship between Adult Education, Continuing Education and Life Long Learning, Philosophical and Sociological background of LLL ➤ Concept, Nature, Scope & Limitation of formal, Non formal and informal Education ➤ Basic Literacy, Post Literacy, continuing Education and Lifelong learning programmes in India 	
Unit-2-	<ul style="list-style-type: none"> ➤ Policy on Life Long Learning- International and National Perspectives ➤ Possibilities and Challenges of Life Long Learning ➤ Theories of Androgogy - Difference between Adult and Child learning , Motivational aspects of adult women Learners. ➤ Strategies, Varies Techniques & methods of teaching of adult women learners. 	
Unit-3-	<ul style="list-style-type: none"> ➤ Women Development and Lifelong Learning ➤ Women Empowerment through following Programmes <ol style="list-style-type: none"> a. Equivalency Programme b. Quality of Life Improvement Programme c. Individual Interest Promotion Programme d. Vocational Education/ Skill Training e. Induction/Sensitization Programme 	
Unit-4-	<ul style="list-style-type: none"> ➤ Innovations and Experiments in Life long Learning ➤ Leadership and Human Resource Development Programmes for Women ➤ Education and Skill development for HRD training for women <p>Family Welfare and women: concept, Meaning and Significance, concept of small family norms</p>	
Unit-5-	<ul style="list-style-type: none"> ➤ Status of Dalit Women in Family and Society & role of Lifelong Learning ➤ Specific laws and regulations for Dalit and Backward Women(SC,ST and OBC) ➤ Open learning system for women- Meaning and concept of open learning, open school, Open University, distance education. ➤ On line education- meaning, concept and application, learning advantages for women 	
References Books-	<ol style="list-style-type: none"> 1. 11th Plan UGC Scheme on Lifelong Learning 2. Dalit and Backward Women-Mamta Yadav, Omega Publication, NewDelhi 3. Adult and Continuing Education- Theory and Practice- Jarvis Peter, Nichols Publishing 4. Women and Human Rigetrs- Jayaplan- Altantic Publishers, New Delhi,2001 5. Directorate of Adult Education, Non formal Education, Government of India, New Delhi 6. Adult Learning- Rajani R. Shirur, Sterling Publishing pvt. Ltd.New Delhi 7. Non-formal Education of women- J.L. Sachdeva and V. Asha, Indian Adult Education Association, New Delhi 8. bDdhloha lnh dk efgyk l'kfDrdj.k& feFkd ,oa ;FkkFkZ& Mkw- ohjsUnz flag ;kno] vksexk ifCydS'kUl] ubZfnYyh 9- dq:{ks= izdk'ku foHkkx] lwpuk vkSj izlkj.k ea=ky;} Hkkjr ljdkj] ifV;kyk gkml]ubZfnYyh 10- ;kstuk izdk'ku foHkkx] lwpuk vkSj izlkj.k ea=ky;} Hkkjr ljdkj] ifV;kyk gkml] ubZ fnYyh 	

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Second Semester		Code- WEL-506
Third Paper- Women's Health care and Nutrition		Credits- T-3
Objective: To provides an understanding of the complexities of women's health and dealing for batter life.		
Unit-1-	<ul style="list-style-type: none"> ➤ Gender in Health- Health status of women in India- Mortality and morbidity ➤ The states of women and fertility ➤ Women and Population in India ➤ Mother's negative attitude towards girl child and effective her personality 	
Unit-2-	<ul style="list-style-type: none"> ➤ Psycho Social Factors influencing on female baby, adolescents and women's health and nutrition ➤ Supplement nutrition and healthy environment for growing adolescent girl ➤ Gender inequalities and effect on society's health- Immunization for infant, mother, and women. ➤ HIV and AIDS control program for women 	
Unit-3-	<ul style="list-style-type: none"> ➤ National and State Health and Population policies and Programs for women ➤ Maternal and child health (MCH) to reproductive and child health approaches, Issues of old age ➤ Special care for working and non working women- Nutrition, health, working conditions, family and social atmospheres etc, ➤ Gandhian belief in equality of gender 	
Unit-4-	<ul style="list-style-type: none"> ➤ Women and Environments- Nature as feminine principle- Basic needs in rural and urban environment ➤ Care and management of natural resources, Depletion of natural resources- Sustainable environment and impact on women ➤ Women and Family Planning Programmes 	
Unit-5-	<ul style="list-style-type: none"> ➤ Indigenous Techniques in Psychotherapy for women- Socio-Cultural values in psychotherapy ➤ Spiritual Psychotherapy- Yoga, Mantra, Prayer, Reiki, pranic healing ➤ Yogic Psychotherapy- Meditation, Pranayam, yoga-nidra, Psycho-Immunity ➤ Spiritual counseling and rehabilitation 	
References Books-	<ol style="list-style-type: none"> 1. Indian Women- Rajkumar Pruthi-Mangal Deep Publication, Jaipur 2. Women Speak-Bholanath Ghosh- A Mittal Publication, New Delhi 3. Principles of Nutritional Assessment- R.Gibson, Oxford University 4. Nutritional Problems of India- P.K. Shukla 5. Textbook of Preventive and Social Medicine- J.E. & Park, Banarsidas Bhanot, Jabalpur 6. Essentials of food and Nutrition & Dietetics- Swaminathan, Vol.1-2, Scd.ed. Chennai. 	

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Second Semester	Code- WEL-508
Fourth Paper- Workshop- Personality Development	Credits- T-1, P-4 = 3
Objective- To students identify their strengths and how to use them in their current role and to move to future roles	
Unit-1-	Personality- Concept, meaning ,types of Personality, assessment and grooming self Personality Leadership - Introduction to Leadership, Leadership Power, Leadership Styles, Leadership in Administration.
Unit-2-	Communication - Introduction to Communication, Flow of Communication, Listening, Barriers of Communication, How to overcome barriers of communication,Public Speaking .
Unit-3-	Confidence Building and Optimistic Attitude -Interview Skills, The Mock-Interview, Interview questionnaire, Telephonic Etiquette, Dressing Style, Inter-Personal Skills, E-Mail Etiquette, Table Etiquette
Unit-4-	Stress & Conflict Management - Introduction to Stress, Causes of Stress, Impact Management Stress, Managing Stress Conflict Introduction to Conflict, Causes of Conflict,Managing Conflict
Unit-5-	Time Management -Time as a Resource, Identify Important Time Wasters, Individual Time Management Styles, and Techniques for better Time Management.
References Books-	

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Elective courses- Discipline Centric-

Second Semester		Code- WEL-512
Fifth Paper – Interior Design and Decoration- II		Credits- T- 1, P-6 = 4
Objective- To impart basic knowledge about interior design and interior decoration		
Unit-1-	<ul style="list-style-type: none"> ➤ Circulation space in interior design <ul style="list-style-type: none"> ➤ Introduction ➤ living room- circulation space design in living room ➤ Dining room- circulation space design in dining 	
Unit-2-	<ul style="list-style-type: none"> ➤ Kitchen- circulation space design ,movement area space <ul style="list-style-type: none"> • Toilet- circulation space design 	
Unit-3-	<ul style="list-style-type: none"> • Bed room – circulation • Space design 	
Unit-4-	➤ Anthropometric learn in all chapter.	
Unit-5-	➤ Project based on Survey / Home Decoration / implementation	
References Books-	<ol style="list-style-type: none"> 1.Colour rendering- Mo. Ahmed khasu 2. Building material -Malik and meo 3. Basic engineering drawing - V.K. Kumawat ,Maharashtra, India 4. Building joints - 	

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Elective courses- Discipline centric-

Second Semester		WEL- 514
Seventh Paper- Apparel Designing- II		Credits- T-1, P-6= 4
Objective : To impart knowledge about:-Various construction techniques. Applying these techniques in garment construction		
Unit-1-	<ul style="list-style-type: none"> ➤ WOMEN WEAR <ul style="list-style-type: none"> • Salwar-kameez • Ptiyala salwar 	
Unit-2-	<ul style="list-style-type: none"> ➤ WOMEN WEAR <ul style="list-style-type: none"> • Umbrela Kurta • Anarkali Kurta 	
Unit-3-	<ul style="list-style-type: none"> • DYEING AND PRINTING <ul style="list-style-type: none"> • Tie & Dye • Block printing 	
Unit-4-	<ul style="list-style-type: none"> • PRODUCTION SHOP <ul style="list-style-type: none"> • Each student will design and stitch 2 garments by taking orders. 	
Unit-5-	<ul style="list-style-type: none"> • Marketing Strategy- Estimating and Costing, Manage your own business 	
References Books-	<ul style="list-style-type: none"> • Batik and Tie Dye Techniques Paperback • Patternmaking for Fashion Design by Helen Joseph-Armstrong 	

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Elective Generic

Second Semester	Code- WEL-522
Eighth Paper – Fancy Art And Fashion- II	Credits- T- 0, P-6 = 3
Objective- To impart basic knowledge about fancy art and fashion for enhancing student's creativity to use as entrepreneur.	
Unit-1-	<ul style="list-style-type: none">➤ Jewellery Making➤ Lamasa Art
Unit-2-	<ul style="list-style-type: none">• Tribal Art• Warli Art
Unit-3-	<ul style="list-style-type: none">• Mirror Art• Meena Kari
Unit-4-	<ul style="list-style-type: none">• Coffee Painting• Phad Painting
Unit-5-	<ul style="list-style-type: none">➤ Estimation and costing of products Exhibition cum sale
References Books-	2. As per Instructors needed

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Third Semester		Code- WEL-601
First Paper- Building Women's Capacities		Credits- T- 3
Objective- To enhancing women's capacity building for empowerment in modern era .		
Unit-1-	<ul style="list-style-type: none"> ➤ Issue – specific gender training ➤ Capacity building for women's empowerment ➤ Capacity building strategies and objectives 	
Unit-2-	<ul style="list-style-type: none"> ➤ Challenges in capacity building of women ➤ Gender and Development ➤ Empowerment form Below : Self education ➤ Empowerment of grassroots level women 	
Unit-3-	<ul style="list-style-type: none"> ➤ Empowerment women in Gram Panchayats ➤ Enhancing the negotiating power of women within families through process work ➤ Gender training of community level education workers 	
Unit-4-	<ul style="list-style-type: none"> ➤ Government Action and women Development ➤ Communication and Women Development ➤ Women Development Agents ➤ Social Instincts and women 	
Unit-5-	<ul style="list-style-type: none"> ➤ Job and Family Conflicts ➤ Processes for developing leaders qualities ➤ Leadership vs management for women ➤ Government schemes for women development 	
References Books-	<ol style="list-style-type: none"> 1. Building Women's Capacities- Ranjani K. Murthy-Sage Publication, New Delhi 2. Dynamics of women Development- Nirmala Sharma- Alfa Publications, New Delhi 3. Practical Microfinance: A training Manual by Harper Malcolm 4. Leadership Development- R.K. Biswas, Akand Publishing House, New Delhi 5- xzke LojkT;&ohjsUnz dqekj O;kl ,oa vejthr flag] xzkeksn; izdk'ku] xzkeksn; fo-fo- fp=dwV 	

Third Semester	Code- WEL-603
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Second Paper- Women and Entrepreneurship		Credits- T- 4
Objective- To enable students to understand the concept of entrepreneurship and it's importance for women.		
Unit-1-	<ul style="list-style-type: none"> ➤ Concept, meaning, objectives and Importance of Entrepreneurship ➤ Need for entrepreneurship in the context of lifelong learning ➤ Entrepreneurial traits, factors contributing to women entrepreneurship ➤ Decision making process and women- Job and family conflicts 	
Unit-2-	<ul style="list-style-type: none"> ➤ Types of Entrepreneurship, Achievement motivation ➤ Promoting factors of women Entrepreneurship, Characterizes of entrepreneur women ➤ Government Action and women development ➤ Women Entrepreneurship in urban informal sector- Economic necessities or opportunities. 	
Unit-3-	<ul style="list-style-type: none"> ➤ Women Entrepreneurship in India, Problems and realities of entrepreneur women ➤ National and State level Funding agencies for Women Entrepreneurship ➤ Institutional support for women entrepreneurs ➤ Steps in setting up a micro enterprises: understanding the enterprise cycle 	
Unit-4-	<ul style="list-style-type: none"> ➤ Formatting of Self Help Group at grassroots' level, Micro Enterprises ➤ Women empowerment through Self help groups ➤ Women in informal sectors, problems of wage discrimination ➤ Women in agriculture and industry 	
Unit-5-	<ul style="list-style-type: none"> ➤ Gender and Technology, Technology and Production, Emerging Technologies ➤ Information Technology- Impact on Women's Development ➤ Gram Swaraj- Concept, structure, committees, rights, source of finance. ➤ Methods of rainwater harvesting- Rainwater harvesting through roofs, recharging wells, hand pumps and pit. 	
References Books-	<ol style="list-style-type: none"> 5. Women and Professional Development in India- Rajeev Sagar-Cyber Tech Publication, New Delhi 6. Small Business: Environment and Management- M.P. Haridas- Adhyayan Publishers, New Delhi 7. Practical Microfinance: A training Manual by Harper Malcolm 8. Entrepreneurship and Single Business Management- B.S. Bhatia, G.S. Batva, Deep and Deep Publication Pvt. Ltd, New Delhi 	

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Third Semester		Code- WEL-605
Third Paper- Media, Politics and Women		Credits- T-3
Objective - To enables the students to understand the position of women in media and polities.		
Unit-1-	<ul style="list-style-type: none"> ➤ Mass Media- Meaning and importance ➤ Types of Mass Media- Traditional to Global Media ➤ Portrayal of women in Mass Media- Cinema, TV, Print Media ➤ Role of Women in Mass Media-Development of Communication Skills 	
Unit-2-	<ul style="list-style-type: none"> ➤ Alternative Media-Folk Art, street Play and Theatre, Women as change agents ➤ Indecent Representation of Women (Prohibition) act, 1986- Impact of media on women ➤ Equality of Men Women: A new reality 	
Unit-3-	<ul style="list-style-type: none"> ➤ Women’s empowerment- from family to active politics ➤ Women and Leadership- Panchayati Raj and reservation for women in politics ➤ Changing attitudes to women’s Political Participations ➤ Current Programmes for women implemented by different ministries 	
Unit-4-	<ul style="list-style-type: none"> ➤ Media Commercialization and the Women’s Market ➤ Women in Politics using Media for good Governance ➤ Women Development in information and communication Technologies ➤ The media and violence against women 	
Unit-5-	<ul style="list-style-type: none"> ➤ Profiles of Women Presidents and Prime Ministers of the World ➤ Position of women in public Life, Decision making process and Women ➤ Women portrayal in adverting- Illustrations, social-ethical controversies and corrections ➤ India’s great powerful women- Kasturba Gandhi ,Pratibha Patil, Indira Gandhi, Indira Nooyi, Kiran Bedi, Kalpana Chavla, Sunita wiliyams. 	
References Books-	<ol style="list-style-type: none"> 1. Women Media and Politics- A. K. Devgan- Cyber Tech Publication, New Delhi 2. Women and Professional Development in India- Rajeev Sagar-Cyber Tech Publication, New Delhi 3. Women in Power-Rajpal & Sons, New Delhi 4. Encyclopaedia of world great powerful women(2 vols)- Anju Desai, Alfa Publications, New Delhi 	

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Third Semester		Code- WEL-607
Fourth Paper – Workshop- Digital Skill Empowerment		Credits- T- 0, P-6 = 3
Objective- To impart basic knowledge about digital skills		
Unit-1-	<ul style="list-style-type: none"> ➤ Basic Knowledge of digital era. <ul style="list-style-type: none"> • Introduction • Formal internet skills 	
Unit-2-	<ul style="list-style-type: none"> • Safe usages of smart devices • Safe usages of internet communications 	
Unit-3-	<ul style="list-style-type: none"> • Sharing, Browsing and entertainment • How to conduct online business 	
Unit-4-	<ul style="list-style-type: none"> • Digital Economy • Smart uses of social media 	
Unit-5-	Practical work	
References Books-	<ul style="list-style-type: none"> • Digital Skills(2014): Alexander, J.A.M., VanDeursen,.; PALGRAVE, MAMILLAN, New York 	

Elective courses- Discipline centric-

Third Semester		Code- WEL-611
Fifth Paper – Interior Design and Decoration- III		Credits- T- 1, P-6 = 4
Objective- To impart basic knowledge about interior design and interior decoration		
Unit-1-	<ul style="list-style-type: none"> ➤ Furniture design <ul style="list-style-type: none"> • Introduction • cane furniture- all furniture which made in cane and examples with uses • still furniture-all furniture which made in cane and examples with uses 	
Unit-2-	<ul style="list-style-type: none"> • wood furniture-all furniture which made in cane and examples with uses • Up holstered furniture-all furniture which made in cane and examples 	
Unit-3-	<ul style="list-style-type: none"> ➤ Furniture arrangement <ul style="list-style-type: none"> • living room- furniture arrange in living room by method • furniture sizes &- furniture size & arrange with clearance • clearances 	
Unit-4-	<ul style="list-style-type: none"> • Bed room plan, elevation with furniture detail – all designs are in dimension with plan elevation and detail. 	
Unit-5-	Project based on implementation of above units	
References Books-	<ol style="list-style-type: none"> 1.Colour rendering- Mo. Ahmed khasu 2. Building material -Malik and meo 3. Basic engineering drawing - V.K. Kumawat ,Maharashtra, India 4. Building joints - 	

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Elective courses- Discipline centric-

Third Semester		WEL- 613
Six Paper- Apparel Designing- IV		Credits- T-1, P-6= 4
Objective: To impart knowledge about: Corel draw . CAD based application in fashion designing.		
Unit-1-	<ul style="list-style-type: none"> ➤ COREL DRAW • Design ten sheets of different texture and print effect. 	
Unit-2-	<ul style="list-style-type: none"> ➤ COREL DRAW • Design ten sheets of female wear; working on different activities. (casual, sporty, ethnic, western, executive, night, formal, gown.) 	
Unit-3-	<ul style="list-style-type: none"> ➤ Prepare a scrapbook with Fashion news, designs & pictures 	
Unit-4-	<ul style="list-style-type: none"> ➤ Submission of files. 	
Unit-5-	Exhibition	
References Books-	<ul style="list-style-type: none"> ● Corel DRAW X7: The Official Guide Paperback 	

Elective Generic

Third Semester		Code- WEL-621
Seventh Paper – Fancy Art And Fashion- III		Credits- T- 0, P-6 = 3
Objective- To impart basic knowledge about fancy art and fashion for enhancing student’s creativity to use as entrepreneur.		
Unit-1-	<ul style="list-style-type: none"> ➤ Lippan art 	
Unit-2-	<ul style="list-style-type: none"> ➤ Terracotta Pottery 	
Unit-3-	<ul style="list-style-type: none"> ➤ Decopage, calligraphy 	
Unit-4-	<ul style="list-style-type: none"> ➤ Herbal soup Making 	
Unit-5-	<ul style="list-style-type: none"> ➤ Estimation and costing of products Exhibition cum sale 	
References Books-	3. As per Instructors needed	

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Fourth Semester		Code- WEL-602
First Paper – Dissertation		Credits- T- 0, P-4 = 4
Objective- To write research dissertation related to women's issues		
Fourth Semester-		Code- WEL-604
Second Paper- Research Methodology		Credits- T-3
Objective: Objective- To enables the students to understand the research methodology for women studies.		
Unit-1-	<ul style="list-style-type: none"> ➤ Research for women's Studies- Scope and significance of research in women's studies ➤ Limitations of methodology of social science ➤ Investigative Procedure of the social survey ➤ Content Analysis 	
Unit-2-	<ul style="list-style-type: none"> ➤ Research Design and Methods- Survey, Exploratory, Diagnostic, Experimental, Action research ➤ Qualitative Vs Quantitative research ➤ Importance of Sampling, Elements and kinds of Sampling ➤ Variables -Types of variables and significance in research study 	
Unit-3-	<ul style="list-style-type: none"> ➤ Place of field work in women's studies, Field work and inductive method ➤ Research and field investigation, Investigative procedure of the women's studies ➤ Hypothesis Testing ➤ Statistical survey and tabulation 	
Unit-4-	<ul style="list-style-type: none"> ➤ Scales of Measurement – Types and differences ➤ Case Studies. ➤ Research and Project report writing – source of data ➤ Editing, Classification and Tabulation 	
Unit-5-	<ul style="list-style-type: none"> ➤ Purpose and Preparation of Schedules ➤ Data Processing in Statistics, ➤ Data Analysis and interpretation ➤ Technique of Presentation of report 	
References Books-	<ol style="list-style-type: none"> 1. Methods in social Research- Dev Prakash- Global Publicatios, New Delhi 2. Research Methodology- K.K. Garg- Omega Piblications, New Delhi 3. Education, Research and Statistics- Anita Sharma, Global Publications, New Delhi 4. Research Methodology of Education- Anil Kumar, Alfa Publications, New Delhi 5. Research Methodology- K. Chakraworthy, Sumit Enterprises, New Delhi 6. "kks/k izfof/k& oanuk oksgjk]vksesxk ifCyds" kUI] ubZfnYyh 7. lkekftd vuqla/kku rFkk losZ{k.k& vkj-,l- ckpis;h 8- lkekftd "kks/k o lkaf];dh& jfoUnzukFk eqdthZ 	

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Fourth Semester-		Code- WEL-606
Third Paper: Women Empowerment and Indian Women		Credits- T-3
Objective: Objective- To provide an understanding of Indian women and their position in our society.		
Unit-1-	<ul style="list-style-type: none"> ➤ Indian Women – From purdha to modernity, Status of women-Family, Caste, Class, Religion, Social system ➤ Liberal Feminism- Rationality, Freedom, Education, Difference between freedom and Modernization. ➤ Women’s social movement in Indian society ➤ Women Development in Modern India- schemes for drop out girls and women, Anti Women wave 	
Unit-2-	<ul style="list-style-type: none"> ➤ Feticides in India and social Structure in Past, Present and Future ➤ Conditions of women in housework, housework as responsibility, cultural roots of house work. ➤ Status of women in India- Barriers of women development ➤ Position of women in public life 	
Unit-3-	<ul style="list-style-type: none"> ➤ Meaning of Empowerment, Aspects of Women Empowerment- Educational, Economic, legal and psychosocial etc. Role and Importance of Women Empowerment ➤ Psycho social barriers in women empowerment, suggestions and action for upliftment of women ➤ Status of women in Tribal Societies ➤ Hindu and Muslim Tradition and women development 	
Unit-4-	<ul style="list-style-type: none"> ➤ Women’s Movements- Pre-independents, post-independent and current women’s movements ➤ Women and Welfare Activities during the freedom movement ➤ Women, Religion and social development ➤ Effect of Globalization on women in developing nations, Globalization and it’s advantages and problems of Indian women 	
Unit-5-	<ul style="list-style-type: none"> ➤ Violence against women- dowry, divorce, female feticide, infanticide, domestic violence ➤ Mental and Sexual harassment and exploitation- causes and eradication. ➤ Indian constitution and provisions relating to women- Personal laws, legal protection, family courts counseling centers. ➤ Laws in favour of women- PNDD, MTP, right to property, rights of working women, laws against rape, domestic violence, filing FIR 	
References Books-	<ol style="list-style-type: none"> 1. Indian Women and Globalization- Dr. Tanuja Trivedi- Jnanda Prakashan, New Delhi 2. Empowerment of women- Dr. Geeta Tiwari, Mahavir and sons, New Delhi 3- bDdhloha lnh dk efgyk l”kfDrdj.k& feFkd ,oa ;FkkFkZ& MkW- ohjsUnz flag ;kno] vkxesxk ifCyds’kUI] ubZfnYyh 4- dq:{ks= izdk”ku foHkkx] lwpuk vkSj izlkj.k ea=ky;] Hkkjr ljdkj] ifV;kyk gkml]ubZfnYyh 5- ;kstuk izdk”ku foHkkx] lwpuk vkSj izlkj.k ea=ky;] Hkkjr ljdkj] ifV;kyk gkml] ubZ fnYyh 6. Indian women- Present Status & Future Prospects- Rajkumar Pruthi, Rameshwari Devi,Romila Pruthi, Mangal Deep Publications. 7. Dynamics of Women Development- Nirmala Sharma, Alfa Publications, New Delhi 8. Building Women’s Capacities- Ranjani K. Murthy, Sage Publications, New Delhi 9. Women Speak- Bholanath Ghosh, Subhabrata Dutta, Mittal Publications, New Delhi 10. The voice of India- Jaydeep Sarangi, Sarup book publications, New Delhi 	

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Fourth Semester	Code- WEL-608
Fourth Paper – Workshop- Women and Law	Credits- T- 1, P-4 = 3
Objective- To impart basic knowledge about Law s related to women.	
	<ul style="list-style-type: none"> • The Prohibition of Child Marriage Act, 2006 • Special Marriage Act, 1954 • Indian Divorce Act, 1969 • Dowry Prohibition Act, 1961 • Maternity Benefit Act,1861 • Medical Termination of Pregnancy Act,1971 • Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 • Indecent Representation of Women(Prevention) Act,1986 • National Commission for Women Act, 1990 • Equal Remuneration Act, 1976, ect..
References Books-	Related to women's Law

Elective courses- Discipline centric-

Fourth Semester		Code- WEL-612
Fifth Paper – Interior Design and Decoration- IV		Credits- T- 1, P-6 = 4
Objective- To impart basic knowledge about interior design and interior decoration		
Unit-1-	<p>➤ Home design with different techniques</p> <ul style="list-style-type: none"> ● Introduction ● B. Curtain , wallpaper- types of curtains ,pelmet and design according rooms 	
Unit-2-	➤ light arrangement- light design according rooms	
Unit-3-	➤ Colour paints- colour theme and design apply in rooms.	
Unit-4-	➤ Home decoration with plants.- Types of plant in purpose of room design.	
Unit-5-	➤ Project based on survey and implementation	
References Books-	<ol style="list-style-type: none"> 1.Colour rendering- Mo. Ahmed khasu 2. Building material -Malik and meo 3. Basic engineering drawing - V.K. Kumawat ,Maharashtra, India 4. Building joints - 	

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Elective courses- Discipline centric-

Third Semester		WEL- 614
Six Paper- Garment Construction- IV		Credits- T-1, P-6= 4
Objective: The exercises should be properly designed and implemented with an attempt to develop different types of skills leading to the achievement of the competency.		
Unit-1-	➤ Prepare samples of fullness technique (Simple dart, fish dart, vertical tuck, horizontal tuck, knife pleat, box pleat, inverted box pleat, gathering by hand and machine, smocking, and ruffles.)	
Unit-2-	<ul style="list-style-type: none"> ● WOMEN WEAR <ul style="list-style-type: none"> ○ Evening Gown ○ Plazo 	
Unit-3-	<ul style="list-style-type: none"> ➤ WOMEN WEAR <ul style="list-style-type: none"> ○ Womens Blouse ○ Lehnga ○ Designer Saree 	
Unit-4-	<ul style="list-style-type: none"> ➤ PRODUCTION SHOP <ul style="list-style-type: none"> ▪ Each student will design and stitch 2 garments by taking orders. 	
Unit-5-	Exhibition cum sale	
References Books-	<ul style="list-style-type: none"> ● Patternmaking for Fashion Design (Hardcover) ... ● Fashion Design Course: Principles, Practice, and Techniques: The Practical Guide for Aspiring Fashion Designers (Paperback) . 	

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Elective Generic

Fourth Semester	Code- WEL-622
Seventh Paper – Fancy Art And Fashion- IV	Credits- T- 0, P-6 = 3
Objective- To impart basic knowledge about fancy art and fashion for enhancing student's creativity to use as entrepreneur.	
Unit-1-	➤ Nameplates, wall clock
Unit-2-	➤ Vintage boxes , Dream Catcher
Unit-3-	➤ Bottle Art, stone art
Unit-4-	➤ Perfume making and packing
Unit-5-	➤ Exhibition cum sale after estimating and costing of each product
References Books-	4. As per Instructors needed